

# Holy Hour



**We adore You eternally in the  
Most Holy Sacrament of the Altar**

**With the Virgin Mary, let us  
share the Bread of Life**

**2005 Edition**

*Imprimatur given for the original Spanish text by:*

*Monsignor René Fernández Apaza*

*Archbishop of Cochabamba*

*Bolivia, S. A., April 2, 1998*

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## ***IMPRIMATUR***

***Translated from the original Imprimatur in Spanish:***

Archbishop of Cochabamba

Casilia 129

Cochabamba - Bolivia

### **IMPRIMATUR:**

We have read Catalina's books and we are sure that their only objective is to guide us all on a journey of authentic spirituality, founded on the Gospel of Christ. The books likewise highlight the special place occupied by the Blessed Virgin Mary, our role model in loving and following Jesus Christ, our Mother to whom we should offer our complete trust and love.

In renewing the love and devotion to the Holy Catholic Church, the books enlighten us on the actions that should characterize a truly committed Christian.

For all this, I authorize their edition and distribution, and recommend them as texts of meditation and spiritual orientation, with the purpose of answering Our Lord's calling to save many souls, showing them that He is a living God, full of love and mercy.

+ Mons. René Fernández Apaza

Archbishop of Cochabamba

April 2, 1998



## ***INTRODUCTION***

**A**s given to Catalina Rivas by the Blessed Virgin Mary, including traditional prayers and verses from Holy Scripture. Of this Devotion, the Archbishop of Cochabamba, Monsignor René Fernández Apaza, wrote in March 1998:

May our Lord allow, in His infinite Mercy, that each prayer be pronounced from the heart, as our Blessed Virgin Mary has requested. That today's man, from whatever place our Lord has put him, may understand that Jesus must be the center of his life. That humanity rediscovers the value of the Holy Eucharist, the bread of life, to which Mary takes us.

We are certain that the Most Blessed Virgin Mary will protect all the faithful, who unite themselves to her in this Holy Hour in petitioning the conversion of the world and in asking particularly for the longed, Ecclesiastical Renewal in order that our Church may truly be a communion of faith and fraternity.

It is with pleasure that we authorize this publication, which was the initiative of the Apostolate of the New Evangelization, with the desire that it be put to practice with fervor, in order to attract Our Lord's blessings to His people on the vigil of the third Christian millennium.

**Monsignor René Fernández Apaza  
ARCHBISHOP OF COCHABAMBA  
Cochabamba, Bolivia - March 1, 1998**



## *PART 1: ADORATION*

**E**ternal Father, I thank You because Your infinite Love has saved me, even against my own will. Thank You, my Father, for Your immense patience, which has waited for me. Thank You, my God, for Your incommensurate compassion, which has had pity on me. The only return I can make to you in payment for all that You have given me is my weakness, my pain and my misery.

<sup>2)</sup> I am before You, Spirit of Love, you who are an ever-burning fire, and I want to remain in Your adorable presence. I want to make reparation for my faults, renew myself in the fervor of my consecration, and render to You my homage of praise and adoration.

<sup>3)</sup> Blessed Jesus, I am before You and I want to draw from Your Divine Heart countless graces for me and for all souls, for the Holy Church, and for your priests and religious. Grant, Oh Jesus, that these hours be truly hours of intimacy, hours of love in which I will be granted to receive all the graces that Your Divine Heart has reserved for me.

<sup>4)</sup> Virgin Mary, Mother of God and my Mother, I unite myself to you, and beg of you to have me share in the feelings of Your Immaculate Heart.

<sup>5)</sup> My God, I believe, I adore, I trust and I love You. I ask pardon for those who do not believe, do not adore, do not trust and do not love You.

<sup>6)</sup> Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly and I offer You the Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences whereby He is offended. And through the infinite merits of His Most Sacred Heart and the Immaculate Heart of Mary, I beg of You the

conversion of poor sinners.

## ***PART 2: ACT OF FAITH AND ADORATION***

**I** believe, O Jesus, with my liveliest faith that You are present, here, in front of me, under the Eucharistic Species. You, the Eternal Word of the Father, are begotten from all eternity and incarnate in the womb of the Virgin Mother. Jesus Christ, Redeemer and King, I truly believe that You are present in the ineffable truth of Your Divinity and Your Humanity.

<sup>2)</sup> Jesus, You are the same Jesus of Bethlehem, the Divine Child, who for my sake will accept banishment, poverty and persecution. You are the Jesus of Nazareth, who for my love, embraced concealment, hardships and obedience. You are the Divine Teacher, who came to teach me the sweet truths of the Faith, to bring the great commandment of love: Your Commandment. You are the Merciful Savior, the One who bends over all my miseries with infinite understanding and moving kindness, always ready to forgive, to heal, to renew. You are the Holy Victim immolated for the glory of the Father and the good of all souls. You are the Jesus, who sweated blood for me in the Garden of Gethsemani; who suffered for me the condemnation of human tribunals, the most painful flagellation, the cruel and humiliating crowning of thorns, the cruel martyrdom of the crucifixion. You are He, who wanted to agonize and to die for me. You are the Risen Jesus, the vanquisher of death, of sin and of hell, who longs to communicate the treasures of Divine Life, which You possess in all its fullness.

<sup>3)</sup> My Jesus, You are here, present in the Consecrated Holy Host, with a Heart overflowing with tenderness, a Heart, which loves infinitely. In Your Heart, Jesus, I find the infinite Love, the Divine Charity - God, the beginning of Life - existent and alive. How sweet it is for me, My God, Trinity most blessed, to worship You in

this Tabernacle where You are now!

<sup>4)</sup> Therefore, I join the angels and the saints, who invisible but present and vigilant around Your Tabernacle, adore You incessantly. I join, above all, Your most holy Mother, and her feelings of profound adoration and intense love, that sprang from her soul from the first instant of Your Incarnation, when she carried You in her immaculate womb.

<sup>5)</sup> And while I worship You in this Tabernacle, I do so in all the Tabernacles of the world and especially in those where You are most abandoned and forgotten. I adore you in each Consecrated Host that exists between Heaven and Earth.

<sup>6)</sup> I worship You, God the Father, because through Christ, You have descended to my humanity, and because through His adorable Heart, You have united Yourself so closely to man, to me, a poor ingrate creature. I adore You in this church sanctified by the ever current Presence of Your Divine Being. I prostrate myself in profound adoration before Your Sovereign Majesty. Yet, at the same time, love draws me up to You.

<sup>7)</sup> I worship You, God the Father, and I love You. My love and my adoration are totally mixed and combined in my soul, so much that I could not tell whether I love more than I adore or adore more than I love. I adore You because I find in You: all power, all holiness, justice and wisdom. You are My Creator and My God. I love You because I find in You all beauty, all kindness, all tenderness and all mercy. I love You because You have given me, as a present, an invaluable treasure.

<sup>8)</sup> Jesus is my Treasure. He is mine and at any moment I can draw graces from Him with full hands, since I find this Treasure always abundant. I take all I need from Him, in order to pay my debts, to meet my needs, to find delight, to earn a crown. What an ineffable gift is this Jesus, whose Heart overflows with all tenderness! A



treasure, which is never depleted, the more I take, the more He gives.

<sup>9)</sup> O God the Father, You have loved your creatures so much, that You gave them Your only Son. In order that the majesty of Your Word would imbue us with fear and our souls could address Him with confidence, You clothed Him with flesh like ours. You adorned Him with the most attractive graces. Above all, You gave Him an infinitely perfect Heart, such, that It had to be the abode of Your delights, because in this Heart lives Your Divine Fullness, and in It the most humble of creatures has a place of privilege.

<sup>10)</sup> That adored Heart is as immense as Yourself, My God, because It contains You. It is also my dwelling place, since It loves me. In It I meet Your Divinity, and upon seeing me in this sacred refuge, Your just wrath is placated and Your Justice is disarmed.

<sup>11)</sup> I adore You, God the Father, through Jesus and in Jesus. I worship Jesus, Your Son, who by His Humanity is My Brother and by His Divinity is My God. I love You through Jesus and with Jesus. I love You through the Heart of Jesus, made mine by love. I love You in Jesus. Through Him my love reaches You. Through Him I can reach You and embrace You.

<sup>12)</sup> **R/: My God, I acknowledge that You are infinite kindness and I believe in Your Love for me.**

✠ In the sublime mystery of the unity of Your Nature and the Trinity of Your Persons, R/.

✠ In the harmony of Your innumerable Perfections, R/.

✠ In the inexhaustible wealth, with which you make beings out of nothing, R/.

✠ In the peaceful possession of Your eternal Happiness, R/.

✠ In the infinite Wisdom, with which You govern all things, R/.

✠ In the unfathomable kindness, with which You elevate man to

- the dignity of being Your child, R/.
- ✠ In the infinite Mercy, with which You tolerate and conserve the sinner, R/.
- ✠ In the mysterious decree by which Redemption was established, R/.
- ✠ In the infinite debasing of Your Incarnation, R/.
- ✠ In the humiliations, the concealment and the labors of Your earthly life, R/.
- ✠ In the ignominy of Your Passion and Death, R/.
- ✠ In the glory of Your Resurrection, of Your Ascension and of Your triumph in the heavens, R/.
- ✠ In Your Divine Heart opened by a lance on Calvary, R/.
- ✠ In Your Divine Heart revealed to Your saints in the course of the centuries, R/.
- ✠ In Your Divine Heart, beating with Love for us in Your adorable Chest, present in our Tabernacles, R/.
- ✠ In Your Divine Heart, overflowing with Mercy for poor sinners, especially in the Sacrament of Penance, R/.
- ✠ In Your priesthood, which in the course of the centuries continues Your work of Love and Salvation, R/.
- ✠ In Your Vicar, Your visible representative on earth, R/.
- ✠ In the Church, which conserves and dispenses the treasures of Your Divine Grace to souls, R/.
- ✠ In its infallible Magisterium, its wise ruling, and its unfathomable power to sanctify, R/.
- ✠ In Most Holy Mary, Your Mother, enriched with so many privileges and also established as our Mother, Coredemptrix and Advocate, R/.
- ✠ In the exuberant fruitfulness with which You produce saints, R/.
- ✠ In the moving generosity with which You dispense Your gifts,

R/.

✠ In the mysterious work of grace in the intimacy of the soul, R/.

✠ In the purifying gift of Your Cross, R/.

✠ In the marvelous Providence, with which You follow each creature through the course of his life, R/.

✠ In Your infinite Glory, which You communicate to Your elect, making them eternally happy in Heaven, R/.

<sup>13)</sup> Lord, in the recitation of the Gloria at Holy Mass, the Church invites me to give You thanks for Your infinite glory. She invites me to thank You, to glorify You and to praise You for all that You are, My God. For this reason I take pleasure in repeating: I give You thanks for You Are Infinite Love.

<sup>14)</sup> After having prostrated myself to worship You in the Heart of Jesus, I want to give You thanks. I thank You, my God, because You are Love, and I thank You for all the gifts of Your Love. And since it is through Jesus that You have given us the most precious gifts, the gifts of supernatural life, it is also through Him, with Him and in Him, that I want to lift up to You this hymn of thanksgiving.

<sup>15)</sup> In union with Jesus I thank You, God the Father, for all the personal graces You have bestowed upon me. You gave me life, bringing me out of the void. You have conserved my life, day after day up to this moment. But You have given me another more valuable life, the life of grace, which makes me share in Your own Divine Life. And after the first grace, with which You sanctified me on the day of my Baptism, I have received from You so many more graces that have conserved, increased and, perhaps, regained my supernatural life!

<sup>16)</sup> I think of the gifts of Your Love, which I have enjoyed so abundantly:

✠ In the Church You have given me as my teacher and guide

towards eternity.

- ✠ In the priests who have conferred on me the gifts of Your Love.
- ✠ In the forgiveness, continually renewed.
- ✠ In the Eucharist, which has been my nourishment, strength and consolation.
- ✠ In the Virgin Mary, who is my good Mother, my consoler, my help and my special protector during every instant of my life.
- ✠ In the Paradise You have prepared for me, which with Your grace, I hope to reach.

<sup>17)</sup> I look at my life, sown with joys and sorrows, and I understand that all in it has been Love. All of it, O My God, because from Your Loving Heart nothing but Grace and Love can flow.

- ✠ For all these things, R/: I thank You, my God.
- ✠ For all the gladness You have allowed me to enjoy; as well as for all the sorrows and trials You have scattered on my path, R/.
- ✠ For the known, as well as for the unknown graces, R/.
- ✠ For the favors of the past and for those in the future, R/.
- ✠ For all You have done in me and for me and for all that You will still want to do in the future, R/.
- ✠ Above all for calling me to the knowledge of Your Love and to consecrate myself to It, R/.
- ✠ For Your Light and Joy, of which I am far from being worthy, R/.
- ✠ For the light and joy that the knowledge of Your Love has brought to my life, R/.
- ✠ For the possession of Your Love, which makes You mine, and makes me Yours, R/.

<sup>18)</sup> But I do not want and ought not to give thanks for myself only. I give You thanks also for all the gifts which Your Love has poured out on the Church. I give You thanks for all the benefits granted to

the angels and to the saints, perpetual praises of Your Love. And I thank You above all, for the innumerable benefits granted to Most Holy Mary, our sweet Mother. I thank You for having made Her so great, so holy, so beautiful. I thank You for the privileges that You have given Her and for the throne of glory, on which You have placed Her. I give You thanks for having made of this creature of Your predilection, a Mother in whom I can and should place all my hopes.

<sup>19)</sup> In order to offer a more efficacious thanksgiving, I permit myself, O Lord, to liven it with my love. Therefore, I tell You again and again that I love You with all my heart, with all my soul, with all my mind and with all my strength.

† You, who are infinite Love, R/: I love You, my God.

† You, who have saved me by Your Love, R/.

† You, who command me to love You, R/.

† With all my heart, R/.

† With all my soul, R/.

† With all my spirit, R/.

† With all my strength, R/.

† Above all possessions and honors, R/.

† Above all pleasures and joys, R/.

† More than myself and all that belongs to me, R/.

† More than my parents and friends, R/.

† More than all men and angels, R/.

† Above all created things in Heaven and on earth, R/.

† Only for Yourself, R/.

† Because You are the utmost Goodness, R/.

† Because You are infinitely worthy of being loved, R/.

† Because You are infinitely Perfect, R/.

† Even if You had not promised me Paradise, R/.

- ✠ Even if You did not threaten me with hell, R/.
- ✠ Even if You tried me with misery and misfortune, R/.
- ✠ In abundance and in poverty, R/.
- ✠ In prosperity and in misfortune, R/.
- ✠ In honors and in scorns, R/.
- ✠ In joys and in pain, R/.
- ✠ In health and in sickness, R/.
- ✠ In life and in death, R/.
- ✠ In time and in eternity, R/.
- ✠ In union with the love, with which all the saints and angels love You in Heaven, R/.
- ✠ In union with the love, with which the Blessed Virgin Mary loves You, R/.
- ✠ In union with the infinite Love, with which You eternally love us, R/.

<sup>20)</sup> O My God, You who possesses in an unfathomable abundance all that is perfect and worthy of love, extinguish in me all culpable, sensual and inordinate love towards creatures. Ignite in my heart the most pure fire of Your Love so that I may love only You, for You, to the point of being consumed in Your Most Holy Love, so that I may go, together with the chosen, to love You eternally in Heaven. Amen.

<sup>21)</sup> Lord, now I want to make atonement before You. O Jesus, Divine Victim of our altars, great and only Atoner, I also unite myself to You in order to perform with You and through You, the role of a small atoning soul.

<sup>22)</sup> And I also call upon You, O my Mother, that just as You offered Your Jesus to the Father at the same time that He immolated Himself for His Glory and for the salvation of souls at Calvary, may You renew at this moment, that mystical offering in my place.

<sup>23)</sup> Offer in the chalice of Your Immaculate Heart, O

sweet Virgin, the sorrows of Jesus together with Yours in order to invoke Divine Mercy on me and on the whole world. After having thanked You for your endless gifts, how could I not be troubled at the sight of my many faults and infidelities? How ungrateful and cold I have been in response to Your benefits!

<sup>24)</sup> Prostrated before You [Jesus], who has loved me so much, filled with confusion and regret, I beseech Your Pardon and Your Mercy:

- ✠ For the misuse I made of the natural gifts I received from You: my life, my energy, my time, my senses, my intelligence, my tongue, R/: O Jesus, have mercy on me!
- ✠ For the great and small acts of disobedience to Your law, R/.
- ✠ For the duties, disregarded or carelessly completed, R/.
- ✠ For the good I could have done and have not done, R/.
- ✠ For allowing many times the triumph of bad inclinations in me; of pride, vanity and egoism, R/.
- ✠ For not having practiced Your commandment of charity as You ordained it, R/.
- ✠ For having left barren in me so many graces, R/.
- ✠ For the lukewarmness with which I practiced my life of piety, R/.
- ✠ For the indifference and coldness with which I responded to Your gifts of Love, R/.
- ✠ For having many times preferred the creatures and human satisfactions to You and Your consolations, R/.
- ✠ For the little fidelity and generosity with which I have lived my consecration, R/.
- ✠ For the lack of faith in Your Love and the abandonment of It, R/.
- ✠ For the lack of dedication to souls and to the Church, R/.
- ✠ For my rebelliousness and lack of love for Your Will, and Your

Cross, R/.

<sup>25)</sup> I lose myself in Your Presence, O my God.

<sup>26)</sup> I kneel at Your Feet.

<sup>27)</sup> I prostrate myself in front of You, O Jesus, Divine Host, My Redeemer and Savior, as did Mary Magdalene. And even though it is true that I am unworthy of Your Love, I am certain that You will have for me the same merciful tenderness.

### ***PART 3: PSALM 51 (50) - THE MISERERE***

**H**ave mercy on me, God, in your kindness.

In your compassion blot out my offenses.

O wash me more and more from my guilt

And cleanse me from my sin.

My offenses truly I know them;

My sin is always before me.

Against you, you alone, have I sinned;

What is evil in your sight I have done.

That you may be justified when you give sentence

And be without reproach when you judge.

O see, in guilt I was born,

A sinner was I conceived.

Indeed you love truth in the heart;

then in the secret of my heart teach me wisdom.

O purify me, then I shall be clean;

O wash me, I shall be whiter than snow.

Make me hear rejoicing and gladness,

That the bones you have crushed may revive.

From my sins turn away your face

And blot out all my guilt.

A pure heart create for me, O God,



Put a steadfast spirit within me.  
Do not cast me away from your presence,  
Nor deprive me of your Holy Spirit.  
Give me again the joy of your help;  
With a spirit of fervor sustain me,  
That I may teach transgressors your ways  
And sinners may return to you.

O rescue me, God my helper,  
and my tongue shall ring out your goodness.

O Lord, open my lips  
And my mouth shall declare your praise.

For in sacrifice you take no delight,  
Burnt offerings from me you would refuse,  
my sacrifice, a contrite spirit.

A humbled, contrite heart you will not spurn.

In your goodness, show favor to Zion:  
Rebuild the walls of Jerusalem.

Then you would be pleased with lawful sacrifice,  
Holocausts offered on your altar.

**Glory be to the Father, and to the Son, and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be, world  
without end. Amen.**

<sup>2)</sup> Being confident that in Your infinite Mercy You have granted me pardon for my countless faults, offenses and acts of negligence, I dare, O Jesus, to also ask pardon for my brothers and sisters.

<sup>3)</sup> I think of the untold number of sins being committed in the world, day after day, by individuals and by nations: sins committed by rulers and by subjects; sins of pride, sensuality and covetousness; and sins of thought, word, deed and omission.

<sup>4)</sup> For all these sins and for all the poor wretches who commit

them, I dare to ask You, O Jesus, for the outpouring of Your infinite Mercy. It is our sins that caused You to agonize in the Garden of Olives, and to submerge Your most Holy Soul in a sea of sadness.

<sup>5)</sup> Do not forget, O Jesus, that You freely wanted to take up our burden, that You wanted to become sin in order to erase ours. Do not forget, O Jesus, that You offered Yourself to the wrath of the Father in order to rescue Your guilty brothers.

<sup>6)</sup> O Jesus, I beg You to renew Your offering to the Father by again presenting Your wounds to Him. Show Him the thorns, the scourging and the nails that pierced Your Flesh, but especially let Him see Your wounded Heart, overflowing with Love for Him and for us, and ask His forgiveness.

<sup>7)</sup> Remember, O Jesus, that greater than all our faults is Your Mercy. Pour It, O Jesus, over this guilty world. Seek out the sheep that have strayed away from the herd, and show them the great power of Your saving Love.

<sup>8)</sup> And since Your Heart is wounded by the faults of those nearest to You, I beseech Your Forgiveness, O Jesus, for those who renew the kiss of Judas or the denial of Peter. May none carry out Judas's desperate action, but may Your Grace prompt them, as it did Peter, to a reparation of love.

## ***PART 4: THE LITANY OF THE SACRED HEART OF JESUS***

- † Lord, have mercy. R/: Lord, have mercy.
- † Christ, have mercy. R/: Christ, have mercy.
- † Lord, have mercy. R/: Lord, have mercy.
- † Christ, hear us. R/: Christ, hear us.
- † Christ, graciously hear us. R/: Christ graciously hear us.
- † God, the Father of Heaven, R/: Have mercy on us.
- † God the Son, Redeemer of the world, R/:
- † God the Holy Spirit, R/:
- † Holy Trinity, one God, R/:
- † Heart of Jesus, Son of the Eternal Father, R/:
- † Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother, R/:
- † Heart of Jesus, substantially united to the Word of God, R/:
- † Heart of Jesus, of Infinite Majesty, R/:
- † Heart of Jesus, Sacred Temple of God, R/:
- † Heart of Jesus, Tabernacle of the Most High, R/:
- † Heart of Jesus, House of God and Gate of Heaven, R/:
- † Heart of Jesus, burning furnace of charity, R/:
- † Heart of Jesus, abode of justice and love, R/:
- † Heart of Jesus, full of goodness and love, R/:
- † Heart of Jesus, abyss of all virtues, R/:
- † Heart of Jesus, most worthy of all praise, R/:
- † Heart of Jesus, king and center of all hearts, R/:
- † Heart of Jesus, in whom are all treasures of wisdom and knowledge, R/:
- † Heart of Jesus, in whom dwells the fullness of divinity, R/:
- † Heart of Jesus, in whom the Father was well pleased, R/:
- † Heart of Jesus, of whose fullness we have all received, R/:

- † Heart of Jesus, desire of the everlasting hills, R/:
- † Heart of Jesus, patient and most merciful, R/:
- † Heart of Jesus, enriching all who invoke Thee, R/:
- † Heart of Jesus, fountain of life and holiness, R/:
- † Heart of Jesus, propitiation for our sins, R/:
- † Heart of Jesus, loaded down with opprobrium, R/:
- † Heart of Jesus, bruised for our offenses, R/:
- † Heart of Jesus, obedient to death, R/:
- † Heart of Jesus, pierced with a lance, R/:
- † Heart of Jesus, source of all consolation, R/:
- † Heart of Jesus, our life and resurrection, R/:
- † Heart of Jesus, our peace and reconciliation, R/:
- † Heart of Jesus, victim for our sins, R/:
- † Heart of Jesus, salvation of those who trust in Thee, R/: have  
mercy on us, O Lord
- † Heart of Jesus, hope of those who die in Thee, R/:
- † Heart of Jesus, delight of all the Saints, R/:
- † Lamb of God, who takes away the sins of the world, R/:  
spare us, O Lord.
- † Lamb of God, who takes away the sins of the world, R/:  
graciously hear us, O Lord.
- † Lamb of God, who takes away the sins of the world, R/:  
have mercy on us, O Lord.
- † Jesus meek and humble of heart, R/: Make our hearts like to  
Thine.
- † Sacred Heart of Jesus, R/: I trust in You.
- † Holy Heart of Mary, R/: rescue my soul.
- † Jesus and Mary, I love You with all my soul, save souls, and save  
my soul.

## *PART 5: SUPPLICATION*

**B**efore leaving this Holy Tabernacle I want, O my Jesus, to have recourse to Your Divine Heart's infinite wealth.

<sup>2)</sup> Consecrated to Your Love, I believe that I can ask for nothing better than the fulfillment of Your own desires. It is Your Divine Desires that I want to present to the Father, before the conclusion of this time of graces, and beg Him in Your Name, to answer them.

<sup>3)</sup> The first desire of Jesus is the salvation of souls: to redeem the world by means of love, to establish the Kingdom of infinite Love throughout the earth.

<sup>4)</sup> Allow me then, O Jesus, to express my ardent wish that the Kingdom of Your Love be established all over the earth. O infinite Love, living in the Divine Heart of Jesus, make Yourself known to men so that men may love You, as You want to be loved.

<sup>5)</sup> The second desire of Jesus is to make use of priests for this great work, to make of them active laborers, and by means of them, to work in souls and in the world.

<sup>6)</sup> O Jesus, eternal Priest and Savior of the world, in order to realize this burning desire of Your Heart, multiply vocations, and send many holy workers to Your harvest.

<sup>7)</sup> O Jesus, make every priest an authentic sower of Your Love.

<sup>8)</sup> I beg You for the Holy Father, for the bishops, for all the priests who have helped me, for all priests.

<sup>9)</sup> I ask You, O Jesus, to sustain them during battle, to comfort them in loneliness, to encourage them in their failures, to make their hardships fruitful, and to pour into their hearts your Divine Heart's Love.

✠ Lord, to watch over Your honor and glory, R/. Give us holy priests.

✠ Lord, to increase our faith, R/.

- † Lord, to sustain Your Church, R/.
- † Lord, to preach Your doctrine, R/.
- † Lord, to defend Your cause, R/.
- † Lord, to counteract error, R/.
- † Lord, to annihilate the sects, R/.
- † Lord, to uphold the truth, R/.
- † Lord, to guide our souls, R/.
- † Lord, to improve habits, R/.
- † Lord, to vanish vices, R/.
- † Lord, to illuminate the world, R/.
- † Lord, to teach the riches of Your Heart, R/.
- † Lord, to teach us to love the Holy Spirit, R/.
- † Lord, to have all Your ministers become the light of the world and the salt of the earth, R/.

<sup>10)</sup> O Jesus, Holy Priest, we ask You with the greatest humility in our souls to increase priestly vocations and to form them according to the designs of Your loving Heart. Only then will we obtain holy priests, and there will soon be in the world only one flock and only one Shepherd. Amen.

## ***PART 6: CONCLUDING PRAYER***

**O** Jesus, Eternal Priest, Divine Victim, who moved by an impulse of incomparable Love for men, Your brothers, You made Your Heart bring forth the Christian priesthood. Deem worthy to continue pouring over Your ministers the life-giving torrents of Your infinite Love.

<sup>2)</sup> Live in Your priests. Transform them into You. Make them, by Your Grace, instruments of Your Mercy. Work in them and through them. Grant that after having clothed themselves completely in You, by the faithful imitation of Your Divine Virtues, they may accomplish the same works that You Yourself

accomplished for the salvation of the world, in Your Name and by the power of Your Spirit,

<sup>3)</sup> Divine Redeemer of souls, look how great is the multitude of those who still sleep in the darkness of error. Count the number of the straying sheep, who walk amidst steep cliffs. Consider the throngs of the poor, the hungry, the ignorant and the feeble, who groan in the neglect.

<sup>4)</sup> Come back to us, Lord, through Your priests. Truly live again in them. Work through them, and walk again in the world, teaching, forgiving, consoling, sacrificing and renewing the sacred links of love, between the Heart of God and the heart of man. Amen.

<sup>5)</sup> Grant, O Jesus, that the labor of Your Love may always be in complete accord with the purposes, for which You intended. Grant that it expands and consolidates itself, and that it conquers all souls for the sweetest Kingdom of Your Love.

<sup>6)</sup> O Jesus, I have asked for Your Kingdom. I do not need to ask for myself, for everything will be given to me. You know what I need. Look, and do what Your Heart suggests. I put my trust in Your Heart. I abandon myself to Your sweet Providence, and I give You thanks for the gift of these hours of intimacy with You. I thank You in union with Mary, for all the benefits that Your Love has yet reserved for me, in time, and in eternity.

## ***PART 7: THE BLESSED MOTHER'S CANTICLE: "THE MAGNIFICAT"***

**M**y soul proclaims the greatness of the Lord, and my spirit rejoices in God, my savior; for He has looked upon the lowliness of His handmaid.

From now on all generations shall call me Blessed, for the Almighty has done great things for me.

Holy is His Name, and His mercy is on His faithful from generation to generation.

He shows mighty deeds with His Arm: He scatters the proud of heart, He throws down the mighty from their thrones, and raises the lowly to high places.

He fills the hungry with good things, while the rich he sends away empty.

He helps Israel, His servant, ever mindful of His Mercy, as He had promised our fathers, in favor of Abraham and his descendants forever.

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.





# **APPENDIX A**

## **THE CHURCH DECREE COMMISSIONING THE APOSTOLATE OF THE NEW EVANGELIZATION**

*Translated from the original official document in Spanish:*

### **ARCHDIOCESE OF COCHABAMBA**

Casilla 129-Telfs.: (042) 56562 (042) 56563

Fax (042) 50522-Cochabamba, Bolivia

### **DECREE 1999/118**

### **MONSGR. RENÉ FERNÁNDEZ APAZA ARCHBISHOP OF COCHABAMBA**

Considering that the founders of “the Apostolate of the New Evangelization” (A.N.E.) have applied with the following documentation for formation as a private catholic association.

That the goals and objectives of “the Apostolate of the New Evangelization” concur with the directives for the lay apostolate as per the Second Vatican Council and the Magisterium of the Catholic Church.

That according to the Code of Canon Law the rightful Church authority to form an association of a private nature for the faithful and to grant it legal solicitorship is the diocesan Bishop within its territory (c.312).

### **WE DECREE**

Article 1. To approve the constitution of “the Apostolate of the New Evangelization” (A.N.E.) as a private Catholic association, with ecclesiastic legal solicitorship in accordance to the Code of Canon Law (cc. 113-123, 298-329) and other standard appropriateness.

Article 2. To consider reviewed the statute of “the Apostolate of the New Evangelization,” attached to this decree.

We strongly urge the founders, directors, and members of the A.N.E. to faithfully comply with the goals of the association and to promote the New Evangelization under the guidance of the Church magisterial and its legitimate pastors.

Given by the Archbishop of Cochabamba on the first day of May, 1999.

[seal of Archdiocese]

/signed/

+ MONSGR. RENÉ FERNÁNDEZ APAZA  
ARCHBISHOP OF COCHABAMBA

BY ORDER OF THE ARCHBISHOP

/signed/

ENRIQUE JIMENEZ, CHANCELLOR

## **APPENDIX B**

### **WHAT IS THE ANE AND ITS MINISTRIES?**

**W**e are a lay apostolic movement who have listened to the call of the Lord, and we have decided to place ourselves at His service.

We try to carry the Good News of the Gospel to all our sisters and brothers, in order to contribute to establishing the Kingdom of God among men and women.

Committed to Jesus Christ and the Catholic Church, we respond to the call of John Paul, II as he insistently declared in his three most often repeated phrases during the course of his pontificate:

“Be saints”; “This is the time for the laity”; and “Let us promote the New Evangelization of the world”. We assume responsibility for working with energy and creativity on the New Evangelization, by attempting to utilize effective strategies and methods to call to conversion men and

women of our times.

## Our Goals

To spread among men and women the living presence of our Lord Jesus Christ and to help them to live their faith in accordance with the Gospel, united to Mary in prayer.

To establish small church communities “Little Houses of Prayer” where we are formed in prayer and knowledge of the Gospel, within the lines set out by the Magisterium of the Church, attempting to give witness to a life that is consistent with the teachings of Jesus.

To promote the spiritual and human growth of those who join the Apostolate, motivating the sacramental life of each one of them and facilitating the study of Sacred Scriptures, documents of the Church, lives of Saints and ANE’s own bibliographical material.

Members of ANE have the duty to evangelize each other, and to evangelize and assist and help those most in need, which is nothing more than “evangelizing” through their witness and example.

## Our Ministries

“Come, you who are blessed by my Father. Inherit the Kingdom prepared for you from the foundation of the world. For I was hungry and you gave Me food, I was thirsty and you gave Me drink, a stranger and you welcomed Me, naked and you clothed Me, ill and you cared for Me, in prison and you visited Me... Amen, I say to you, whatever you did for one of these least brothers of Mine, you did for Me.” (Mt 25, 34-35. 40)

Among those Ministries, the following are the most outstanding:

**Caring for the Sick:** Spiritually assisting the sick and their family members, especially in hospitals and other health centers: a) Helping those sisters and brothers who go before us, to have a “good death”, through prayer and frequent receiving of the Sacraments; b) Consoling and strengthening in God, family members of the sick; c) Encouraging those who are temporarily sick to offer their suffering to the Lord and to draw near Him by using whatever circumstance they are living through.

**Support for the Church:** Seeking the resources to be able to work

together with people who need material help: Parishes, nuns and priests, seminaries, marginal families and in general, those with scant resources.

**Ministry of Communication:** Producing the messages of evangelization intended for wide distribution, whether through radio, television, videos, daily papers, our magazine, the Internet, audio tapes and CD's.

**Catechesis:** Planning, coordinating and supervising catechetical formation of those working for ANE as well as the contents of the Catechism during the carrying out of evangelization.

**Penitential Work:** Accompanying those sisters and brothers who have suffered the misfortune of temporarily losing their freedom by inviting them to experience liberation of soul through the Lord, by reminding them that there is a reality which is different from that harsh environment that surrounds them and that our true hope must be placed in God. In the Prison at Mérida, our Apostolate is in charge of the section of those suffering from AIDS.

**ANE Pro-Life:** Unceasingly working to spread campaigns for the defense of life and responsible fatherhood, and against abortion, euthanasia and cloning.

**ANE Homes:** "Centers of Assistance from the Apostolate of New Evangelization". Helping in a direct way those most in need through meals and clothing for people, medical dispensaries, catechesis and evangelization programs, rehabilitation programs, literacy planning, delivery of provisions and counseling services.

**Small Houses of Prayer:** Coordinating the work for the orderly development of the structure of ANE and promoting the link between the different groups which make up our Apostolate.

**Apostolate of the New Evangelization**

## APPENDIX C

### NOTE FROM THE ANE

The books of “The Great Crusade” make up a collection of volumes, which are already more than 15 in number [in Spanish], and its teachings convey the spirituality of the Apostolate of the New Evangelization (ANE), which is based on Sacred Scripture and the Catechism of the Catholic Church.

The ANE is a Catholic lay movement, which arises in response to the insistent call of John Paul II to all the baptized, to commit themselves to the task of promoting the Good News, that Christ has died and risen again in order to save us from sin.

As Catholics that we are, we fully abide by the Magisterium of the Catholic Church, which states the following in regards to the matter of private revelations:

**Canon 66**: “The Christian economy, therefore, since it is the new and definitive Covenant, will never pass away; and no new public revelation is to be expected before the glorious manifestation of our Lord Jesus Christ. (Vatican Council II, Dogmatic Constitution ‘Dei Verbum’ 3 AAS 58)

Yet even if Revelation is already complete, it has not been made completely explicit; it remains for Christian faith gradually to grasp its full significance over the course of the centuries.”

**Canon 67**: “Throughout the ages, there have been so-called “private” revelations, some of which have been recognized by the authority of the Church. They do not belong, however, to the deposit of faith. It is not their role to improve or complete Christ's definitive Revelation, but to help live more fully by it in a certain period of history.

Guided by the Magisterium of the Church, the *sensus fidelium* knows how to discern and welcome in these revelations whatever constitutes an authentic call of Christ or his saints to the Church.

Christian faith cannot accept ‘revelations’ that claim to surpass

or correct the Revelation of which Christ is the fulfillment, as is the case in certain non-Christian religions and also in certain recent sects which base themselves on such ‘revelations’.”

*Catechism of the Catholic Church  
Canons 66 & 67*

You will notice on the inside page of our books the stamp or “IMPRIMATUR” granted by the Bishops of the Catholic Church, of the Latin and Chaldean Rites. Some have been translated into more than eight languages and have been recommended by several bishops who judge that the reading of them will facilitate spiritual growth among faithful Catholics.

The first books of the “Great Crusade” series were not printed with “offset” but were distributed by photocopies taken directly from the first original transcriptions.

With the passage of time, certain persons –clearly with the best of intentions– collaborated in “a second transcription and formatting of the texts” to photocopy them, given the fact that “the copies of the copies” turned out to be illegible in some cases. Unfortunately, in the process, there were so many spelling and typographical errors committed, that the meaning of the texts was altered and many problems were created.

Precisely for that reason, the Apostolate of New Evangelization, at the suggestion of some priests and bishops, took the decision to request that readers should not make any further transcriptions of these texts, for any reason or under any circumstance, without the strict surveillance and the due authorization of our Director General.

**Apostolate of the New Evangelization**

## APPENDIX D

### HELP THE ANE TO HELP

All these books constitute a true gift from God for people who desire to grow spiritually, and it is for that reason that the sale price barely covers the cost of their printing and distribution.

However, as disciples of Christ, the Apostolate of New Evangelization, among other activities, is developing a wide range of spiritual and corporal works of mercy to the needy in seven charitable locations which distribute food and clothing to the people, and hundreds of places supplied with basic foodstuffs from the family basket, by promoting evangelization and catechesis in distant villages, and by providing spiritual and material support to our brothers and sisters in any number of jails and hospitals (mainly in Latin America).

All this work can only be carried out through the generosity of people who responding to the Voice of the Lord, are supporting those who are most in need and are donating their time, their efforts and their material resources for the purpose of this charity.

If you, the reader of this book find within yourself the desire to help us in the building of the Kingdom, please get in contact with us through the addresses and telephone numbers at the end of this Appendix. The harvest is great, but the workers will always be few.

Likewise, if you wish to contribute monetarily to the development of this Work, you can do so by making your tax deductible donation check payable to: “**ANE-USA**”. and mailed to: Love & Mercy Publications, P.O. Box 1160, Hampstead, NC 28443, USA. Donations can be sent along with book and video orders but they must be made with separate checks with the book and video order check made payable to: **Love and Mercy Publications**. Donations will then be transferred to the ANE International Headquarters.

In the name of the Lord, we thank you in advance for any help you can offer us, and we entreat Him who is generous and provident, to reward you one hundredfold.

May God bless you,

## **Apostolate of the New Evangelization**

### **ANE OFFICES**

www.a-n-e.net - www.jesucristovivo.org

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#### **CONTACT FOR HELP:**

ane.internacional@gmail.com



### **APPENDIX E**

#### **LOVE AND MERCY PUBLICATIONS BOOKS & VIDEOS**

**L**ove and Mercy Publications is part of a non-profit (IRS 501c approved), religious, educational organization dedicated to the dissemination of books, videos and other religious materials concerning the great Love and Mercy of God. As part of its mission, this organization distributes with permission the books containing messages dictated by Jesus and the Virgin Mary to Catalina (Katya) Rivas as well as other related materials. The contents of these have been reviewed by Catholic Church authorities and found to be consistent with the faith and teachings of the Church. Further information on this can be found at the beginning of each book.



The books are available in the original Spanish, in English and some other languages at no cost on the Internet at: [www.LoveAndMercy.org](http://www.LoveAndMercy.org) . Also, they are available to order as printed books from Love and Mercy Publications as follows:

### **Books on the Eucharist**

**The Holy Mass:** A profound teaching and testimony with a 2004 Imprimatur on the Holy Mass containing visions at the Mass and messages dictated by the Virgin Mary and Jesus to Catalina that can deepen one's spiritual experience at the Divine Liturgy. This is the most widely read of Catalina's books.

**Holy Hour:** A beautiful devotion with a 1998 Imprimatur to read and pray before the Blessed Sacrament that was dictated by the Virgin Mary to Catalina and includes traditional prayers and verses from the Bible. A reader can see and experience the great love that the Mother of God has for this most blessed of Sacraments.

**In Adoration:** A very special meditation with a 2007 Imprimatur about our faith and the Eucharist. It is a testimony of sublime teachings by Jesus and Mary on the love in the Eucharist and the Mercy of the Lord and contains 12 extraordinary promises from Our Lord for those who visit Him frequently in the Blessed Sacrament.

### **Books on the Passion**

**The Passion:** Reflections on the mystery of Jesus' suffering and the value that it has on Redemption as dictated by Jesus, God the Father and the Virgin Mary to Catalina. This is truly a profound account of the Passion of the Christ with a 1998 Imprimatur that will deeply touch and change hearts, increasing one's love for Jesus.

**The Stations of the Cross:** The meditations on the Passion of the Christ in this booklet were almost all extracted from "The Passion" (see above) and the remainder was from the Bible. The meditations are organized to follow the traditional Stations of the Cross and will provide the reader with a very moving spiritual experience of walking with Jesus and hearing Him describe and explain His Passion as it transpired.

**From Sinai to Calvary:** Profound visions and teachings that were dictated by Jesus to Catalina concerning His seven last words during His Passion that were given to Catalina in December 2003-January 2004 time period. Completed in 2004 with an Imprimatur.

**I Have Given My Life for You:** A compilation of messages with a 2009 Imprimatur, that were given by Jesus to Catalina during the Lents of 2005, 2006, 2007, 2008 and 2009. Their beautiful content is a new call of the Lord to each reader, to unite to Him in the dramatic moments in which He prepared to surrender His Life for the salvation of humanity.

### **Books on other Themes**

**Divine Providence:** A profound teaching on death and reconciliation including visions and messages dictated by Jesus to Catalina as well as her personal account coinciding with and concerning the deaths of her mother and brother within days of each other in June 2003. This book has a formal recommendation of the Archbishop Emeritus of Cochabamba. This book can give much hope and comfort to all people, for all experience during life the death of loved ones and all will ultimately experience death and a birth to eternal life. A reader of the book can also gain a deeper understanding of the Sacraments of Reconciliation and the Anointing of the Sick.

**My Broken Christ Walks over the Waters:** Catalina's testimony with a 2005 Imprimatur on the written work of Fr. Ramón Cué, SJ, "My Broken Christ" which profoundly touched her. Catalina seeks not to draw attention to herself but rather to Jesus and thus, she has shared little of her personal story in the past. But in her recent books, this one especially, we begin to perceive the essence of Catalina's soul and the depth of her spirituality and love of Jesus and His Mother

**The Visible Face of an Invisible God:** A testimony with a 2005 Imprimatur that speaks to us about the importance of living our Christianity consciously and of deepening our conversion. It invites us to rediscover the commitment that we, being baptized, have acquired, so that we can assume this responsibility with the befitting seriousness.

**Praying the Rosary:** At the beginning of "The Holy Mass", Catalina

referred to the Lord and the Virgin Mary providing instructions to her on how to pray the Rosary. These messages having been dictated in the Formational Books (see below), all of which had received a 1998 Imprimatur. This booklet is a compilation by Love and Mercy Publications of a number of these messages.

### **Set of 7 Books of Formational Teachings**

These are the initial books of teachings dictated by Jesus and Mary to Catalina from 1993 to 1998, all with a 1998 Imprimatur. A person cannot seriously read and study the full set of these formational teachings of Jesus and Mary without finding one's faith, hope and love for God and neighbor profoundly strengthened and deepened. It is strongly recommended that the books be read in chronological order which is: **Springs of Mercy, Ark of the New Covenant, The Passion** (*same book as described above*), **The Great Crusade of Love, The Door to Heaven, The Great Crusade of Mercy** and **The Great Crusade of Salvation**.

Catalina continues to receive messages. Please visit [www.LoveAndMercy.org](http://www.LoveAndMercy.org) to check on current availability of the books of Catalina.

### **Other Recommended Book & Videos**

**Related Book - "Reason to Believe"**: A statue weeps and bleeds in the same city that Catalina Rivas writes profound teachings she says are dictated by Christ. Elsewhere, a communion host (bread) changes to living flesh. Are these claims true? What does Science have to say? This is a fascinating journey of Australian lawyer, Ron Tesoriero, in pursuit of answers. On the way he invites a well-known and highly respected journalist Mike Willesee to join him. What they discover will confront the mind and heart of every reader.

### **DVD-Video - A Plea to Humanity**

This video documents recent remarkable supernatural events in Bolivia. The video was produced by the Australian attorney and documentary producer, Ron Tesoriero. The video also includes footage from the 2-hour, prime-time, FOX TV broadcast, "*Signs from God - Science Tests Faith*,"

on the bleeding statue of Christ and on Catalina's messages.

### **DVD-Video - The Eucharist - In Communion with Me**

This documentary is an educational and evangelical instrument to acquaint people with this most important Sacrament. It also deals briefly with certain Eucharistic miracles approved by the Catholic Church. These are powerful reminders of the true presence of Jesus Christ in the Eucharist. This documentary was produced by Michael Willessee and Ron Tesoriero.

### **NEW DVD JUST RELEASED**

#### **SCIENCE TESTS FAITH**

*~ Following the Trail of the Blood of Christ ~*

**Hear the Story unfold as Science finds: Blood & Flesh, Human DNA, Heart Muscle and White Blood Cells, all in a Bleeding Consecrated Host as the Truth of the Eucharist is revealed by Science!** Yet science cannot produce a detailed DNA profile from not only the Host but also from a bleeding statue of Christ. These intriguing and very extraordinary scientific findings are presented in detail in this DVD by compelling and thought provoking witnesses to their faith, Ron Tesoriero, attorney and documentary producer, and Mike Willessee, senior Australian TV Investigative Journalist, who build a powerful fact-based case for belief in the Eucharist. The DVD includes their September 2009 USA presentation and exclusive interview covering the scientific results of these Catholic Church commissioned investigations into a bleeding statue of Christ and a recent Eucharistic miracle. The DNA and forensic studies present a strong testimony for a renewed love and belief in the true presence of Jesus in this Most Holy Sacrament.

**Also on this DVD are PDF files of Catalina's books in both regular and large print versions.** Just insert the DVD into a computer DVD drive and open the "Book\_Menu" file on the DVD to select and read/print the books for free.

**LOVE AND MERCY PUBLICATIONS  
P.O. Box 1160, Hampstead, NC 28443 USA  
[www.LoveAndMercy.org](http://www.LoveAndMercy.org)**

## PURCHASING BOOKS & VIDEOS

Please visit [www.LoveAndMercy.org](http://www.LoveAndMercy.org) for the most current information on available books and DVDs including pricing, shipping and ordering information.

